

# Course:

## THREADS

---



# Index

**Course:**  
Threads

- 01.- Presentation**
- 02.- Course Modules**
- 03.- Learning plan**
- 04.- Admission and Enrollment**
- 05.- Teaching Team**
- 06.- Certification**
- 07.- Testimonials**
- 08.- About us**
- 09.- Conditions**
- 10.- FAQ**



# 01

## Presentation

Treatment with tensor or **firming threads** is indicated in mild to moderate ptosis. These patients reject surgery, for fear of the operating room or for not wanting something very invasive and with long recovery periods.

For this reason, it is essential to choose the thread material that we are safely going to implant. Considering, especially individually, the type of skin, the degree of flaccidity or defect to be corrected, the patient's expectations, and knowing to communicate to the patient the real results that can be achieved.

**Course:**  
Threads



**Course:**  
Threads

# What will you get from this course?



## Mentoring and support

You will have a personal tutor throughout your studies (even afterward), who will be at your disposal for any clinical consultation and questions about all aspects of the course.



## Real “one to one” practice

At CIME Academy we advocate personalized and practice-based education, so the maximum number of students in the class will be 3. All of you will carry out the practical part on a real patient.



## Tips and tricks

No one is better than doctors with several years of experience and owners of their own Aesthetic Medicine clinics to teach you the tricks throughout this treatment.



## Tools to set up your own practice

In addition to the presentation of the class, we give you the necessary tools to put into practice what you learned in your training.



# 02

## Course Modules

**Course:**  
Threads

**01**  
Types of treatment  
with Threads

**02**  
Objectives

**03**  
Introduction

**04**  
Classification

**05**  
Indications

**06**  
Against indications

**07**  
Secondary effects

**08**  
Procedures and  
protocols

**09**  
Later care

**10**  
Conclusions

# 03

## Learning plan

**Course:**  
Threads



“For a doctor to gain experience and security in his work, he needs to see the results of his procedures. That's why at CIME Academy you will [#LearnByDoing](#)”

**Dr Manuel Rubio**  
Director CIME Academy



### Practice with real patients

Each student will carry out the practical part of the treatment object of the course on a real model patient, under the supervision of the training doctor



### Adaptation to your level of knowledge / experience

Each class is unique, the CIME Academy medical instructors adapt the class to the level of experience of the students.



### Training schedule adapted to the working life of the doctor

We understand that doctors can have complicated schedules, so in addition to Mondays and Fridays, we also offer training on Saturdays, in morning and afternoon shifts.



### Management knowledge

Learn from expert doctors who also run their own clinics or private practices.



### Test it before deciding to do the master

Many students decide to take our courses to test the performance of the treatments in a practical way before deciding to take the complete Master of Aesthetic Medicine.



**Course:**  
Threads



**Course duration:**

Each module will be evaluated both in the theoretical part and in the practical part. In total there will be 4 hours of training, of which:

- Theory: 2 hours.
- Practice: 2 hours



**Course features:**

- Medical specialists teach classes in anatomy, dermatology, toxins, fillers, psychology, vascular, etc.
- Study cases covering complications and risks.
- Supervision and feedback by the teachers in charge.



**The course includes:**

- Model patient to carry out the practice.
- Medical material necessary to carry out the treatment.
- The presentation of the course in digital format.
- Model format of the contract and consent of the treatment.
- Latest research studies complementary to the course.
- Business contacts to start setting up your practice.

**It's time to invest in you and your future!**

**Price: 1.000€**

# 04

## Admission and enrollment

**Course:**  
Threads



### Requirements

The main requirement is to verify that you have a university degree in Medicine, for this you must send us the following documentation by e-mail to [secretaria@cimeacademy.com](mailto:secretaria@cimeacademy.com):

1. Medical degree.
2. Professional curriculum.
3. Your medical school number (Professional ID)
4. DNI/NIE/Passport.
5. Telephone number to communicate via whatsapp.
6. Tell us about your level/experience in carrying out the treatment object of the course, as well as your expectations of the training.



### Enrollment formalization

We will evaluate compliance with the requirements, and if you are admitted, we will notify you by e-mail or WhatsApp.

After receiving confirmation of your admission, you will proceed to choose the dates for the completion of the course. Then you have to pay the course fees to make the reservation of the place definitively, using bank transfer or Western Union if you have problems completing the transfer from your country of origin.



Places are closed according to the order of payment of registered students. Don't stay out!



# 05 Teaching Team

**Course:**  
Threads



**Dr. Roberto Villavicencio**  
Aesthetic Medicine



**Dr. Manuel Rubio**  
Aesthetic Medicine



**Dra. Indira Blanco**  
Aesthetic Medicine



**Dr. Felipe Galiano Uribe**  
Plastic surgery,  
restorative and aesthetic



**Dra. Giovanna Rojas**  
Aesthetic Medicine

# 06

## Certification

**Course:**  
Threads

We evaluate each of the modules of this training, both in theory and in practice.

At the end of the training, a certificate of attendance issued by CIME Academy will be delivered.



# 07

## Testimonials

**Course:**  
Threads

**Join the CIME Academy experience!**



**Dra. Laura Palacio**

“I work in Aesthetic Medicine in my country, Colombia, and I came to do the course with Dr. Manuel, I am delighted. I did the course thread lifts and dermal fillers. I will definitely do other courses.”

**Course of thread lifters and Dermal Fillers**



**Dr. Pedro Pablo Villaroel**

“I highlight the individual character of the course and, above all, the practice that provides the necessary skills to treat our patients. I am delighted with this experience, and I highly recommend it”

**Course of Botulin Toxin and Dermal Fillers**



**Dra. Verónica Klusch**

“I traveled from Ireland at the end of September to do the dermal fillers course with Dr. Rubio, and I am delighted with the staff and the doctor's training, professionalism, and warm treatment.”

**Course Dermal Fillers**

# 08

## About us

**Course:**  
Threads



### What is CIME clinics?

In 2013, Dr. Manuel Rubio founded the [International Clinic of Aesthetic Medicine \(Clínica CIME\)](#), which has become one of the most prestigious and benchmark clinics for Aesthetic Medicine and Surgery in Badalona. Thanks to the trust of its patients, CIME Clinic has continued to grow by opening a new headquarters in the center of Barcelona.

### What is CIME Academy?

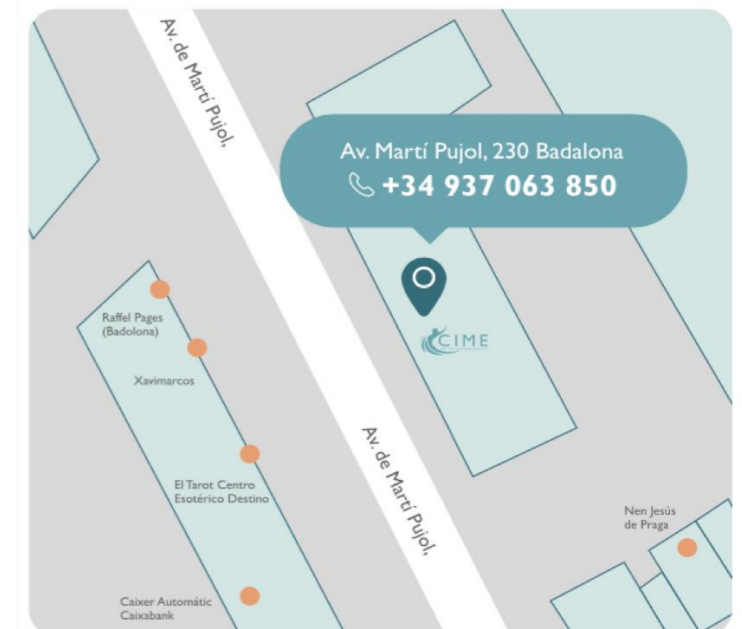
It is the [academic branch](#) of the CIME Clinics. A training proposal for doctors, with the aim of learning and/or consolidating the different techniques applicable to aesthetic medicine and medical laser treatments. The training offered by CIME Academy is theoretical but, above all, practical training that is taught in a totally personalized way, since it is carried out for tiny groups, so the students have the opportunity to carry out the treatments themselves and see the results. About their patients. Each practice is adapted to the level of experience of the students, and this is how to complete the learning is achieved.

We are also a center authorized by the Consell Català de Formació Continua de les Professions Sanitàries, a body attached to the Department of Health of the Generalitat de Catalunya.



## Where are the Trainings held?

The training will be carried out at the headquarters of the CIME Clinics in Barcelona and Badalona.



## What if I am not from Barcelona?

Much better! One of the benefits of completing the training with us is that you can also take advantage of your stay to visit and discover the wonderful corners of this surprising and cosmopolitan city.

**Course:**  
Threads

# Why CIME Academy?

**Course:**  
Threads



## 100% personalized training

By working in such small groups, we can adapt 100% to your needs, which allows for professional learning to be as complete as possible, both theoretically and practically.



## We train experts

We want to train accomplished aesthetic professionals who deliver quality practice services and are experts in their field. In this way, you will be able to retain your patients, which will increase your income.



## Free documents of study

We include didactic material in digital format and the products to be applied in the treatments and the real patients to carry out the practical part under the supervision of the assigned tutors.



## Our experience

We have several years of experience offering courses and training in Aesthetic Medicine and having the infrastructure of our two first-class clinics.



## Learn by doing

Learn from the experience of expert doctors and perform the treatments yourself on real patients. You will learn about the indications and contraindications to be prepared for any circumstance. You will also be able to see your own results on real patients.



## Independent courses

Our courses are not linked to any commercial brand or product and/or laboratory, so we advise our students to apply the most suitable products according to each case.

# 09

## Conditions

**Course:**  
Threads



### Conditions to reserve a place

In order to make the reservation of the place effective, the payment of the total price or 50% of the requested training course(s) must be made in advance (for the exact amount of the course(s) to be taken, free of the expenses of the transaction that is carried out for the payment above and/or any other fee unrelated to the training and that is related to the form of payment chosen by the student).

You must send us proof of the payment made to the email: [secretaria@cimeacademy.com](mailto:secretaria@cimeacademy.com)

The reservation will not be effective until the payment has been received in the bank account that will have been previously indicated at least 7 days before the training. CIME Academy will not issue any document (academic or enrollment certificates, proof of studies...) until the student is actually enrolled in accordance with the conditions specified above.

Students are advised to wait for confirmation of their enrollment before reserving transportation, accommodation, etc.

CIME Academy reserves the right to cancel the training or modify the date of its completion due to insufficient enrollment (no less than 15 days before the course date) or due to major causes (at any time). In these cases, CIME Academy will return all the registration fees received to the registered person.

# 10

## Frequently Asked Questions

**Course:**  
Threads



### Can I bring my own patient?

Of course! Once you have definitively reserved your place in the course, you have to tell us that you want to bring your own model patient and give us their data and telephone number so that we can contact them to schedule a preliminary evaluation. All model patients benefit from a reduced price for their treatment as a training patient.



### Does this courses replace a Master?

No, our courses are intensive in the theoretical part and are eminently practical to reinforce the different techniques in the corresponding aesthetic medicine procedures. They are complete and personalized courses. They are intended for doctors with any type of experience in Aesthetic Medicine, but they do not replace the Master's course.



### Can the courses give me a student visa?

We can help you with a cover letter stating that you are going to do medical training and that CIME Academy seals it, but it will depend on the requirements of each country. These cover letters will be issued only to students who have paid for the course.



### Are the courses 100% theoretical?

No, all our courses are 40% theoretical and 60% practical. Except for the Aesthetic Medicine Fellowship, which is a clinical observation rotation while the teacher exercises on real patients, the student not being able to perform the treatments on the clinic patients.



### Are there levels of learning?

Of course! One of the requirements is that you tell us what level/experience you have in carrying out the treatment that is the object of the course you will take. In this way, the training doctor will consider what level of class you should take and the facial area you will be able to treat on the model patient.



### Do I need to be a doctor to take the course?

Yes, the medical training provided by CIME Academy is exclusively for doctors in accordance with the legal criteria of Spain.





**Course:**  
Threads

## Cancellations and refunds

CIME Academy reserves the right to cancel a training course due to low enrollment or other circumstances that would make the training course unfeasible. In this case, CIME Academy will offer registered people the option of transferring the reservation of the same training course to a new date or full refund of the amounts received.

Regarding the cancellation of the reservation by the student, unless another date is specifically indicated in the information of the place reservation, **the deadline to receive a full refund of the place reservation is 40 business days before the date of the training course. Cancellations received before this deadline may receive a full refund, less a service fee of 50 euros for administration.**

Cancellations received after the established deadline, but 20 business days before the date of the contracted training course, may receive a 50% refund, less a service fee of 50 euros for administrative management. Cancellations received within ten business days before the date of the contracted training course may receive a 25% refund, less a service fee of 50 euros for administrative management. Registration cancellations received with less than ten business days left for the date of the contracted training course will not be able to receive any refund. No refund will be offered for registrants who choose not to attend the training course or who attend only part of the training. Suppose the student who requests the cancellation of the training had received the teaching material in advance. In that case, it will equate to the case of cancellation within ten business days before the date of the contracted training course, regardless of the period remaining for the realization of the same.

Cancellations must be communicated in writing to the email [secretaria@cimeacademy.com](mailto:secretaria@cimeacademy.com) and must be received within the indicated cancellation deadlines. All refund requests must be in writing by the applicant or bank account holder. Refund requests must include the applicant's name and/or transaction number. Refunds will be made back to the original bank account used for payment.

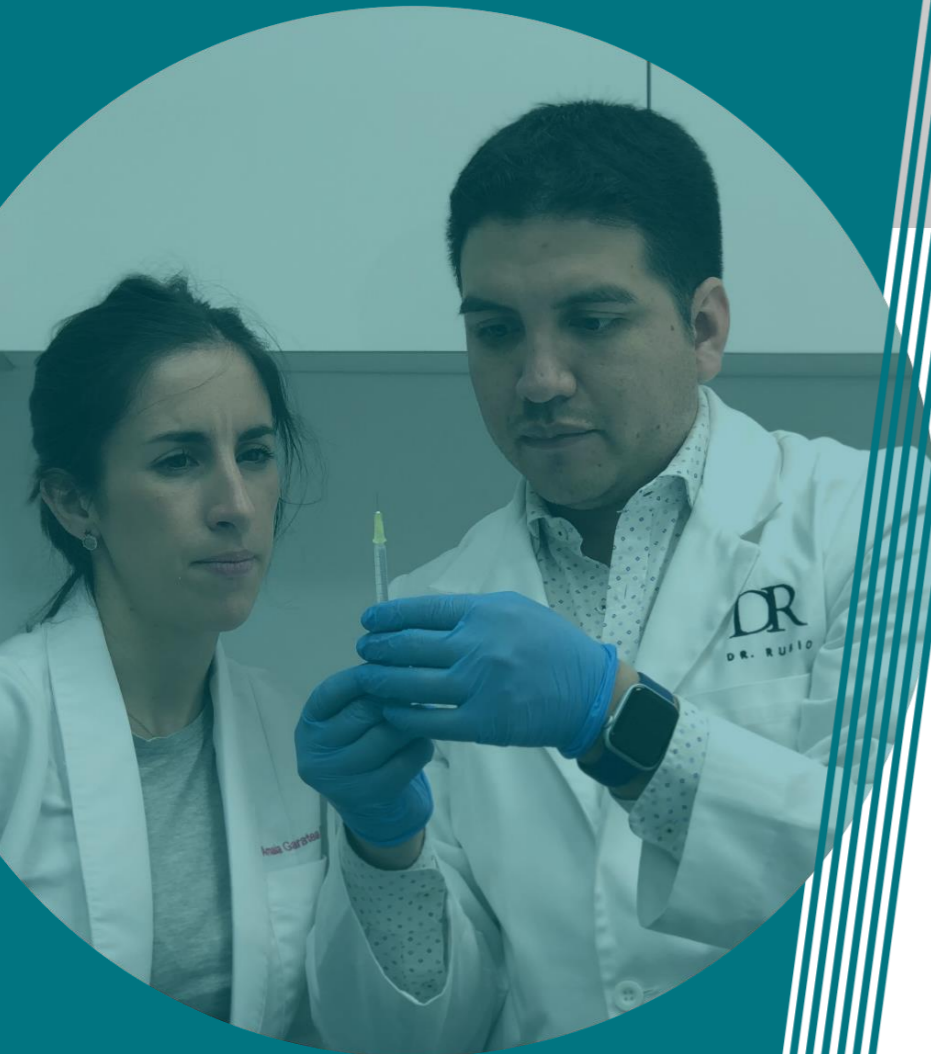


# Expand your knowledge in Aesthetic Medicine

**Course:**  
Threads

These are all the courses that we offer you at CIME Academy so that you can learn and/or improve the various techniques in the Aesthetic Medicine treatments most demanded by patients:

- ⊙ **Toxina Botulínica y Rellenos Dérmicos**
- ⊙ **Botulinum Toxin and Dermal Fillers**
- ⊙ **Facial Rejuvenation**
- ⊙ **Botulinum toxin**
- ⊙ **Dermal Fillers**
- ⊙ **Tensioning wires**
- ⊙ **Dermapen and Platelet Rich Plasma**
- ⊙ **Chemical Peels**
- ⊙ **Treatment of varicose veins**



**Course:**  
Threads



## Contact us!



[www.cimeacademy.com](http://www.cimeacademy.com)



+34 690 864 816



[secretaria@cimeacademy.com](mailto:secretaria@cimeacademy.com)



[instagram.com/cimeacademy](https://www.instagram.com/cimeacademy)



[facebook.com/cimeAcademy](https://www.facebook.com/cimeAcademy)